

Department of Commerce, Community, and Economic Development

STATE MEDICAL BOARD

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At its meeting on March 20, 2025, the Alaska State Medical Board unanimously adopted this statement and approved it to be conveyed to the Alaska State Legislature:

The Alaska State Medical Board opposes hormonal and surgical treatments for gender dysphoria in minors due to insufficient evidence of long-term benefits and risks of irreversible harm. We view these interventions as lacking legitimacy as standard medical practice for those under the age of 18 years old. We support legislative limits on such treatments and promote psychological support and counseling as safer alternatives. This reflects our duty to protect patients and uphold evidence-based care.