

# LEGISLATIVE PROJECT - Scope of Practice – Occupational Therapy

## Occupational Therapy Scope of Practice Update Recommendation – Final Draft *PHY SOP WG – OT Scope of Practice Recommendation 05-22-2023*

(3) “occupational therapy” means the therapeutic use of goal-directed life activities (occupations) with individuals, groups, or populations who have, or are at risk for injury, disorder, impairment, disability, activity limitation or participation restriction. Occupational therapists evaluate, analyze, and diagnose occupational challenges and provide interventions to support, improve, and/or restore function and engagement in meaningful tasks and activities. This includes treating pain and/or physical, cognitive, psychological, sensory-perceptive, visual, and other aspects of performance in a variety of contexts to support and enhance engagement and participation in occupations that affect health, well-being, and quality of life. Occupational therapy services include but are not limited to:

- A. Evaluation, treatment and consultation to promote or enhance safety and performance in areas of activities of daily living (ADLs), instrumental activities of daily living (IADLs), health management, rest and sleep, education, work, play, leisure, and social participation.
- B. Establishment, remediation, compensation or prevention of barriers to performance skills including: client factors (body structures, body functions), performance patterns (habits, routines, roles), performance skills (physical, neuromusculoskeletal, cognitive, psychological, sensory-perceptive, communication and interaction, pain), and contexts (environmental, personal factors)
- C. Design, fabrication, application, fitting, and training in seating and positioning; assistive technology; adaptive devices; orthotic devices; and training in the use of prosthetic devices
- D. Assessment, recommendation, and training in techniques to enhance functional and community mobility
- E. Application of adjunctive interventions and therapeutic procedures in preparation for or concurrently with occupation-based activities including but not limited to therapeutic and instrument assisted modalities, wound care, and manual therapy
- F. Provide therapeutic interventions to prevent pain and dysfunction, restore function and/or reverse the progression of pathology in order to enhance an individual’s ability to execute tasks and to participate fully in life activities

*Final language approved and adopted 06-16-2023 by unanimous vote of Physical Therapy and Occupational Board*