



# Alaska Board of Physical and Occupational Therapy - Scope of Practice Workgroup - April 27, 2023 Minutes

Alaska Division of Corporations, Business and Professional Licensing  
Apr 27, 2023 at 9:00 AM AKDT  
@ Juneau Zoom

## 1. Call to Order/Roll Call

### **Workgroup Participants:**

1. Valerie Phelps, PT, ScD - Board Member
2. Lindsey Hill, OTD, OTR/L, CHT - Board Member
3. Chad Ross, PT, DPT, COMT - APTA Alaska
4. Cary Moore, PhD, OTR/L - AKOTA
5. Sara Chambers, Boards and Regulations Advisor

### **Staff:**

1. Reid Bowman, Program Coordinator 2
2. Sheri Ryan, Licensing Examiner

The State Physical Therapy and Occupational Therapy Board was called to order at 9:02 am by Board member Valerie Phelps. Roll-call of workgroup participants performed by Valerie Phelps. The following workgroup participants were present:

- Valerie Phelps, PT, ScD - Board Member
- Lindsey Hill, OTD, OTR/L, CHT - Board Member
- Chad Ross, PT, DPT, COMT - American Physical Therapy Association - Alaska Chapter (APTA-AK)
- Cary Moore, PhD, OTR/L - Alaska Occupational Therapy Association (AKOTA)
- Sara Chambers - Boards and Regulations Advisor

### **Staff present:**

- Reid Bowman, Program Coordinator 2
- Sheri Ryan, Licensing Examiner

## 2. Introduction/Reason for Meeting

- The need for the Board to have statutes and regulations that are used to determine and defend Board answers to scope of practice questions
- Scope of practice specific to dry needling
- Scope of practice statements - in general - that define PT and OT and allow for professional growth in the future

 [Scope of Practice Worksheet 4-20-23.docx](#)

Valerie Phelps provided overview for convening of physical therapy and occupational therapy Scope of Practice Workgroup. Sara Chambers provided relative information for project advancement.

3. Public Comment

No members of the public connected to the virtual meeting. No public comment given.

4. Review of Current Statutes and Regulations

- Scope of practice
- Dry needling specific to each profession

 [PT-OTStatutes February 2023.pdf](#)

 [Legal Opinion - OTs and Dry Needling 03-15-2023.pdf](#)

 [Legal Opinion - PTs and Dry Needling - 03-14-2023 Harriett Dinegar.pdf](#)

Discussion Topic

Extensive work completed on Scope of Practice Evaluation Worksheet by workgroup members.

**Task: ([view in OnBoard](#))**

Review Scope of Practice Evaluation Worksheet for any necessary changes. Due May 4, 2023 at 9:00 AM AKDT. Assigned to: All workgroup participants – Valerie Phelps, Lindsey Hill, Chad Ross, Cary Moore, Sara Chambers

5. Review of National Scope of Practice Information - Dry Needling

 [PT - 1 - 11theditionDryNeedlingResourcePaperFinal-FSBPT.pdf](#)

 [PT - 2 - AAOMPT Position Statements DN.docx](#)

 [PT - 3 - apta-dry-needling-laws-by-state-103122.pdf](#)

 [PT - 4 - Considering Providing Dry Needling Services APTA.pdf](#)

 [PT - 5 - Examples from Other State Boards.docx](#)

 [PT - 6 - HUMRRO-DryNeedlingFinalReport 2015.pdf](#)

 [OT - 1 - Occupational Therapy Practice Framework.pdf](#)

 [OT - 2 - OT AOTA scope 12-2021.pdf](#)

 [OT - 3 - AOTA RA Meeting 4-19 Revised Draft Policy - Interventions to Support.pdf](#)

 [OT - 4 - ASHT Scope of Practice July 2022.pdf](#)

 [OT - 5 - Effects of Dry Needling on Spasticity and ROM A Systematic Review.pdf](#)

6. Next Steps

- Current gaps in AK statutes and regulations
- Consideration of added language to AK statutes and regulations about
  - Scope of practice in DN
  - Education required to practice DN

**Task: ([view in OnBoard](#))**

Follow-up with PHY Board Attorney. Due April 28, 2023 at 11:00 AM AKDT. Assigned to: Sara Chambers

**Task: ([view in OnBoard](#))**

Physical therapy regulations work session to be held at next Scope of Practice workgroup session on May 4, 2023– discussion on reasonable first steps for education/training, certification/credentialing, apprenticeship/mentoring period, list of ‘no’ standards, etc. Send any information to be included for discussion to staff for distribution to workgroup participants.

7. Adjourn

State Physical Therapy and Occupational Therapy Scope of Practice Workgroup meeting adjourned at 11:48 am AKDT on Thursday, April 27, 2023.